

**Version Number...**

Participant Identification Number:

**CONSENT FORM**

**Title of Project:** The 'grey space': How can I and other coaches improve the practice of dealing with ethics and managing boundaries, in the grey space, when working with clients experiencing stress?

**Name of Researcher: Laretta Cundy**

**Please initial box**

- |   |   |
|---|---|
| <p>1. I confirm that I have read and understand the information sheet dated .....for the above study and have had the opportunity to ask questions.</p>   | <div style="border: 1px solid black; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center;">1</div> |
| <p>2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.</p>  | <div style="border: 1px solid black; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center;">2</div> |
| <p>3. I agree that this form that bears my name and signature may be seen by a designated auditor.</p>  | <div style="border: 1px solid black; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center;">3</div> |
| <p>4. I agree that my non-identifiable research data may be stored in National Archives and be used anonymously by others for future research. I am assured that the confidentiality of my data will be upheld through the removal of any personal identifiers.</p> | <div style="border: 1px solid black; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center;">4</div> |
| <p>5. I understand that my interview may be video recorded and subsequently transcribed.</p>  | <div style="border: 1px solid black; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center;">5</div> |
| <p>6. I understand that the content of what is shared during the research will be discussed with my research supervisors &amp; practice supervisor, supervision session may be recorded</p>   | <div style="border: 1px solid black; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center;">6</div> |
| <p>7. I agree to take part in the above study.</p>  | <div style="border: 1px solid black; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center;">7</div> |

Name of participant	Date	Signature
Name of person taking consent (if different from researcher)	Date	Signature
Researcher	Date	Signature

1 copy for participant; 1 copy for researcher;  
Remember that a signed consent form is not required for an anonymous questionnaire, instead the following statement is recommended to be included on the survey questionnaire: 'Completion of this questionnaire is deemed to be your consent to take part in this research.'

## **ETHICS BOARD PARTICIPANT DEBRIEF**

**The 'grey space': How can I and other coaches improve the practice of dealing with ethics and managing boundaries, in the grey space, when working with clients experiencing stress?**

Thank you very much for taking part in our study, we greatly appreciate your contribution.

This study is designed to better understand how I and other coaches can enhance our own practices and management of the grey space while engaging in stress management, resilience and personal development coaching, through shared knowledge and collaborative learning. To improve the management of boundaries and ethics both for coaches within practice and to safeguard coachees/clients.

Through an action research inquiry, with the incorporation of a retrospective critical reflection, autoethnographic personal reflexive narrative, and the consideration of discourse analysis, I will look to address questions such as: "How do I and other coaches navigate the terrain that comes with working with coachees who are experiencing stress, when working with clients who bring content that sits close to the 'grey space'?"

All data gathered during this study will be held securely and anonymously. If you wish to withdraw from the study, contact us with your participant number (above) and your information will be deleted from our files.

Should you have any concern about any aspect of your participation in this study, please raise it with the investigator in the first instance or with the Project Supervisor or Head of Psychology.

### **Investigator**

Lauretta Giovannoni  
Middlesex University  
[LC1093@live.mdx.ac.uk](mailto:LC1093@live.mdx.ac.uk)

### **Project Supervisor**

Dr Mary Hartog  
Middlesex University  
[m.hartog@mdx.ac.uk](mailto:m.hartog@mdx.ac.uk)  
Tel: **+44 (0)20 8411 5000**

If there are concerns raised about any aspect of the study please do contact the Project Supervisor, as mentioned above.